

Treatment of Periodontal Diseases

Periodontal diseases are diseases of the periodontal apparatus (bones that surround teeth and gums). Treating gum disease has gained in significance in the range of treatments provided by dentists.

A basic distinction has to be made between acute and chronic periodontitis. Both forms of the disease stem from an increased bacterial colonization caused by permanent presence of large amounts of plaque.

Usual signs of such gum disease:

- bleeding of the gums
- reddening
- swelling
- sensitivity to pressure
- heavy red seam around the necks of the teeth
- loose teeth
- bad breath

The therapy consists of eliminating the inflamed state of the gums and periodontal apparatus which is caused by plaque and tartar as well as remedying any factors which contribute to inflammation.

Course of the treatment:

- session for deep cleaning, measuring of pocket depth and detailed oral hygiene instruction
- two sessions for the actual treatment of the periodontopathy (using local anesthesia each session, first one side of the jaw is treated and then the other, using a special sonics system (piezoelectric sound).)

For optimal and long-term prophylaxis we recommend a deep cleaning session every 3 months.