

Invisalign

Here are the individual steps of an Invisalign treatment:

Step 1: During the first session, the problems you have with your teeth and the tooth position you would like to have are discussed. If the Invisalign treatment is suitable for you, we will draw up a customized treatment plan tailored to your needs. A dental impression is taken which is then passed on to the Invisalign laboratory for further processing.

Step 2: The impressions taken from your teeth are digitalized in order to create a 3D picture of your teeth (ClinCheck)[®]. This way, every slight repositioning of your teeth during the whole treatment process can be checked. You can look at a virtual picture of your teeth before, during and after the Invisalign treatment, which enables you to see the way we expect your smile to look like after the treatment is finished.

Step 3: As soon as we have agreed on your treatment plan, your aligners are customized for you. You will wear each aligner for two weeks before we move on to the next set of aligners. The number of aligners needed is different for each patient. A complete treatment usually needs 18 to 36 aligners for the upper and lower teeth. The process lasts for approximately 9 to 18 months, depending on your individual case.

Step 4: The aligners are to be worn day and night (at least 22 hours) except during meals, brushing your teeth and flossing. This guarantees completion of the treatment within the time frame you agreed upon with your dentist. Check-ups are done every 4 to 6 weeks in order to see the progress made and to provide you with your next set of aligners. You will be able to see the changes step-by-step and how your teeth are being formed into a healthy and even smile.